

Welcome to Stapleton Outdoor Pools

Stapleton pool season begins Memorial Day weekend and runs through Labor Day. The facility schedules listed below incorporate programming hours while *providing the community uninterrupted open swim from 10:00 a.m. – dusk.*

Aviator Pool Hours

8054 E. 28th Avenue + 720.941.3414

OPEN SWIM

Monday–Friday 11:00 a.m. – 6:45 p.m.
Saturday/ Sunday 11:00 a.m. – 6:45 p.m.

AQUATIC PROGRAMMING

Monday–Thursday, Saturday 6:00 a.m. – 11:30 a.m.
Monday/Wednesday 5:30 p.m. – 6:30 p.m.

Puddle Jumper Pool Hours

2401 Xenia Street + 303.393.0018

OPEN SWIM

Monday–Sunday 10:00 a.m. – 6:45 p.m.

AQUATIC PROGRAMMING

Monday–Thursday, Saturday 9:00 a.m. – 10:00 a.m.

F15 Pool Hours

2831 Hanover Street + 303.355.5078

OPEN SWIM

Monday–Sunday 11:00 a.m. – 6:45 p.m.

AQUATIC PROGRAMMING

Monday–Thursday, Saturday 9:00 a.m. – 11:00 a.m.
Tuesday/Thursday 5:30 p.m. – 6:30 p.m.

Jet Stream Pool Hours

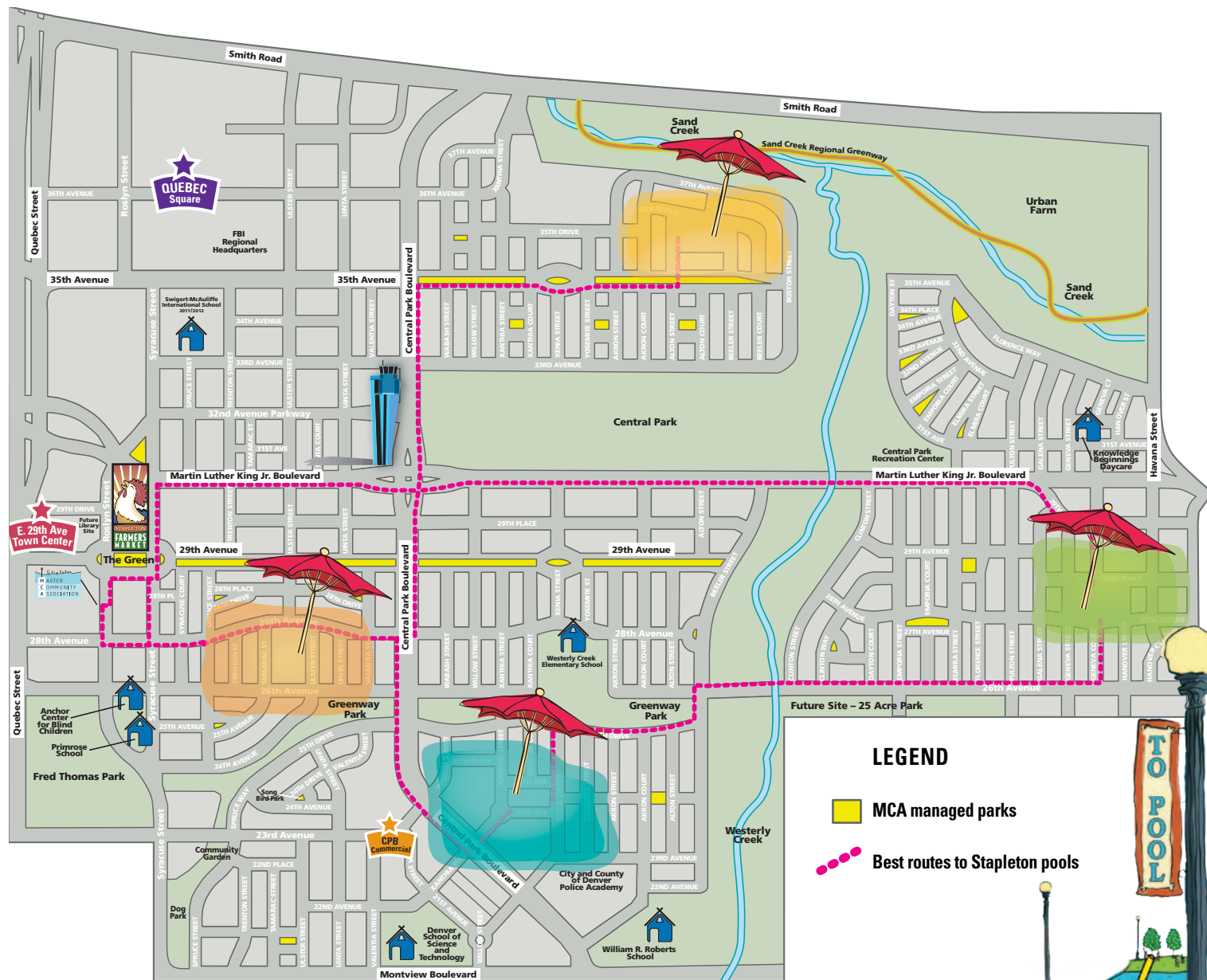
3574 Alton Street + 303.296.0884

OPEN SWIM

Monday–Sunday 11:00 a.m. – 6:45 p.m.

AQUATIC PROGRAMMING

Monday–Thursday, Sunday 6:00 a.m. – 11:00 a.m.
Monday–Thursday 5:30 p.m. – 6:45 p.m.



Aviator
est. 2003

Puddle Jumper
est. 2005

F15
est. 2008

Jet Stream
est. 2011

LEGEND
 MCA managed parks
 Best routes to Stapleton pools

DOG DAZE—
September 11
at F15 Pool



Admission Fees & Guest Passes

Stapleton pools are open to the public. Access to the pools is available on a first-come, first-serve basis. All non-residents or residents without a membership card must pay a daily entrance fee in order to enter the facilities.

► DAILY ENTRANCE FEES

Non-residents—all ages \$7

Children under one are **FREE**.

Guest fees are non-refundable and rain checks are not given on inclement weather days.

► STAPLETON RESIDENT MEMBERSHIP CARD

All Stapleton residents ages twelve months and older access the pools using their **Resident Membership Card**. **Resident Membership Cards** are valid one year from purchase. **Cards must be renewed annually.**



For information and details on obtaining or renewing your **Resident Membership Cards**, please refer to our website: stapletoncommunity.com under "Member Tools".

ONLINE
MEMBERSHIP
CARDS

► SET UP NEW ACCOUNT

► RENEW-REGISTER-RESERVE

► RESIDENT GUEST PASSES

Stapleton residents may purchase pre-paid **Guest Passes** at a discounted fee; however, a resident must be present with their guest. **Guest Passes expire at the end of each season.**

5-Visit Guest Pass	\$25
Unlimited Guest Pass (Limit 4 per household)	\$60

Resident Membership Card and **Guest Passes** are available for purchase weekdays at the MCA office, or during **OPEN SWIM** at any one of the pools. First time card requests must verify residency prior to issuing cards via an online account or in person at the MCA office.

For more information on how to obtain **Resident Membership Cards** please reference **Stapleton Community Guide** (pages 6-7), or view the online **Community Guide** located under "Member Tools" at stapletoncommunity.com.



2823 Roslyn Street
Denver, Colorado 80238
303.388.0724



MASTER
COMMUNITY
ASSOCIATION

2012 AQUATICS GUIDE

303.388.0724
poools@stapletoncommunity.com

▶ SPRINGBOARD DIVING

Springboard diving is for students who are comfortable in the deep end (12 ft.) and skilled in a shallow-angle head first entry, (i.e., enter the water at a slight angle) swim parallel to the surface, steer back to the surface and then begin stroking.

Springboard Diving Level I (Beginning) & II:

Session 1: June 18 – June 28

Session 2: July 2 – July 13

Session 3: July 16 – July 26

▶ PRIVATE LESSONS

Private instruction with highly motivated friendly instructors. Ideal for adults and children. 30 minutes. Instructor availability opens June 4.

One instructor per ONE participant
Resident: \$28 + Non-resident: \$35

One instructor per TWO participants
Resident: \$38 + Non-resident: \$52

▶ 2012 STAPLETON STINGRAYS

Stapleton Stingrays offers youth a recreational program which provides a climate of friendly competition where swimmers ages 5–18 can develop a love for the sport, improve their swimming skills and learn the principles of good sportsmanship. Participants will begin practice weekday mornings, Monday-Thursday in May and will be competing Friday mornings throughout the months of June and July. The season will end the last weekend in July with special events running through the first week of August.

ONLINE REGISTRATION MARCH 15 – APRIL 1

Resident: \$225 + Non-resident: \$275

Beginning April 2 there will be a late registration fee of \$275 regardless of residency.

You'll find program details, along with updates and registration links by visiting our website: stapletoncommunity.com, click "Swim Team" under "Aquatics & Recreation".

▶ JUNIOR LIFEGUARD PROGRAM

This program will offer youth the opportunity to learn about water safety, first aid, CPR/AED all while exposing each one to the techniques and skills necessary to becoming a professional rescuer.

For more information, please check out the link to the "Junior Lifeguard Program" on our website stapletoncommunity.com or e-mail poools@stapletoncommunity.com.

▶ SWIM CONDITIONING

Whether you are a novice or an expert year-round swimmer, **Stapleton's Adult Swim Conditioning Program** will adapt to your needs and provide a swimming experience unlike most. The program will have two areas of concentration.

Time: 6:00 a.m. – 7:00 a.m.
10-week session + Resident: \$100

MASTERS SWIM at AVIATOR
Monday/Wednesday
Workouts with a competitive feel
June 4 – August 13

TRI-TRAINING at AVIATOR POOL
Tuesday/Thursday
Focus on stroke work
June 5 – August 9

1
2

NEW! EXTENDED SEASON: AUGUST 14 – AUGUST 30

Swim Conditioning will be extended for an additional three week session if a minimum of 6 or more participants **register** by August 1.



▶ AFTER-HOURS PRIVATE PARTY POOL RENTAL

Stapleton residents looking for a great location to host their next event should consider one of the Stapleton outdoor pools. The MCA staffs all private events with certified lifeguards according to the number of expected swimmers. **Amenities:** exclusive after-hours access to any one of the pools, automatic deck/pool lights at dusk and charcoal barbecues.

Online reservations will open **April 1**
Rental availability **June 1 – August 12**

Additional upgrades are available upon request to enhance your party: *fire pits, charcoal for grilling, grill tools, music system for iPod, tiki torches with citronella oil, lawn game equipment and set up.* See online reservation menu for additional pricing.

A \$150 reservation deposit is required in order to save a date/facility. (*Outside catering is allowed.*)

POOL RENTAL FEES Available on our website.
Two-hour minimum for each reservation.

▶ BIRTHDAY PARTIES

Celebrate your birthday or any occasion by reserving one of our outdoor party pads conveniently positioned at each facility for optimum access and entertaining. Each party pad rental includes premium reserved deck space with shade and seating for up to 20.

Aviator party pad + Monday–Friday	12:00 p.m. – 6:00 p.m.
PJ party pad	11:00 a.m. – 6:00 p.m.
F15 party pad	12:00 p.m. – 6:00 p.m.
Jet Stream party pad	12:00 p.m. – 6:00 p.m.
PARTY PAD FEES	Available on our website

Two-hour minimum for each reservation.

STAPLETON RESIDENTS MAY VISIT OUR WEBSITE: stapletoncommunity.com to confirm availability and process reservations online. Click the **BLUE BUTTON** available under "Member Tools".

REGISTRATION OPENS MARCH 15 AT NOON

All aquatic programs open to the public + **April 1**

Non-resident registration form available on our website.

The Stapleton MCA offers a variety of swim lessons to accommodate all ages and abilities of swimmers. Lessons are available at all four facilities.

6 MONTH–3 YEARS	PARENT TOT Infant: 6-24 months <i>one parent per child</i>	<u>Water Adjustment</u> – This fun program introduces parents and baby to the water. Skills include water adjustment, leg action, exploring buoyancy on front and back, floating with support and rolling over.
	NEW! PARENT TOT II Toddler: 24-36 months <i>one parent per child</i>	<u>Fundamentals</u> – This fun program introduces parents and child to the basic fundamentals using games and songs. Skills learned include blowing bubbles, change of direction, floating on front and back (with support) leg and arm action, jumping in and rolling over.
3-5 YEARS	PRESCHOOL: 3-5 years	Participants will be introduced to basic skills including–blowing bubbles, bobs, water adjustment, kicking, floating and turning over on their back. Class incorporates games, activities and water safety skills.
	PRESCHOOL ADVANCED: 3-5 years	For swimmers that are comfortable with their faces and ears in the water. Class includes stroke development, breath coordination, safety, swimming on front/back and deep water exploration.
	PRESCHOOL ADVANCED II: 3-5 years	For students that are swimming independently without support. Skills taught include rhythmic breathing, front/back crawl, elementary backstroke, sit/kneel dives and changing directions. (Skills same as Station 2.)

Weekday Lessons
Monday–Thursday

Resident: \$42 + Non-resident: \$52
Session 1: June 4 – June 14
Session 2: June 18 – June 28
Session 3: July 2 – July 13
Session 4: July 16 – July 26
Session 5: July 30 – Aug 9

Evening Lessons
F15 & JET STREAM
Tuesday/Thursday

Resident: \$42 + Non-resident: \$52
Session 1: June 12 – July 5
Session 2: July 10 – Aug 2

Evening Lessons AVIATOR
Monday/Wednesday

Resident: \$42 + Non-resident: \$52
Session 1: June 11 – July 6
Session 2: July 9 – Aug 1

Saturday Lessons

Resident: \$28 + Non-resident: \$34
Session 1: June 9 – July 7
Session 2: July 14 – Aug 11

Sunday Lessons JET STREAM

Resident: \$56 + Non-resident: \$68
Session 1: June 10 – July 8
50 minute lessons for youth ages 6 and up.
Session 1: July 15 – Aug 12

		2012 LESSON SCHEDULE													
		WEEKDAY (M-TH) MORNINGS					EVENING		WEEKEND MORNINGS						
		9:00	9:30	10:00	10:30	11:00	11:30	5:30	6:00	9:00	9:30	10:00	10:30	11:00	11:30
Aviator	Parent-Tot														
	Preschool														
	Preschool Adv														
	Preschool Inter														
	Station 1														
	Station 2														
	Station 3														
PJ	Station 4/5														
	Springboard Level I														
	Springboard Level II														
	Parent-Tot														
	Parent-Tot II														
F15	Preschool														
	Preschool Adv														
	Preschool Inter														
	Station 1														
	Station 2														
Jet Stream	Station 3														
	Station 4/5														
	Springboard Dive														
	Parent-Tot														
	Preschool														
	Preschool Adv														
	Preschool Inter														
Station 1															
Station 2															
Station 3															
Station 4/5															
Springboard Dive															

To register for swim classes, simply follow the swim lesson links listed under the "Aquatics and Recreation" section of our website. These links will lead you to our program schedule listing all levels and details offered at each facility. Once a selection is made, your enrollment will be processed through our activenet system associated with your household account.

If you do not have access to the Internet, or are a non-resident of Stapleton, you may contact the MCA during office hours to register by phone, fax or in person.

6+ YEARS	CHILD/YOUTH STATION 1 6 years and older	<u>Fundamental Aquatic Skills</u> – Class is for students new to the water. Introduces swimmers to the fundamental skills such as water entry, exit, and opening eyes under water, floating, gliding and water safety.
	CHILD/YOUTH STATION 2 6 years and older	<u>Stroke Development</u> – Class is for students who can move through the water unassisted. Skills learned include bobbing rhythmic breathing, front/back crawl, sit/kneel dives and changing directions.
	CHILD/YOUTH STATION 3 6 years and older	<u>Stroke Improvement</u> – Class is for students ready for deeper waters. Builds on previous skills learned in addition to swimming underwater, breaststroke, elementary backstroke, side-stroke, butterfly, open turns, compact and stride jumps, surface dives and water safety.
	CHILD/YOUTH STATION 4/5 6 years and older	<u>Stroke Refinement/Fitness Swim</u> – Designed for students who can swim 25 yards/meters front, back and elementary back stroke. Skills learned will include butterfly, breaststroke, sidestroke, flip turns, treading water, shallow dives, including survival floating and water safety.